

## MENU

SALADS	@ KFI I	S KITCHEN
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Veggie Salad	€6.00
Cajun Chicken Salad	€6.00
Smoked Salmon Salad	€6.00
Boston Prawns Salad	€6.00
Or BUILD YOUR OWN BOWL OPTION @Kells Kitchen	€6.95

Choose your leaf: Baby Spinach, Rocket Leaves, Baby Red Chard

• Choose 3 salad options: Selection of nude salads

 Choose your protein: Chicken, Salmon, Ham, Beef, Turkey, Falafels
 Choose your sauce: Honey & Mustard, Sweet Chilli, Green Pesto Balsamic, Red Pepper, Caesar Dressing

## **SANDWICH STOP @ KELLS KITCHEN**

Make your own or choose from our Premade options, with hot or cold available.

• Sesame and Nigella Panini: €4.60 Filled with Mozzarella Cheese, Semi Dried Tomato, Crispy Bacon & Rocket Leaves

• Olive and Tomato Focaccia Roll: €4.20

With Roasted Red Peppers Baby Spinach Cream Cheese & Honey Glazed Ham

• Chicken Caesar Wrap:

Roast Chicken with Shaved Parmesan, Crispy Bacon & Crispy Leaves

## **HOT COUNTER @ KELLS KITCHEN**

Meals Options €8.95

- Sweet and Sour Pork served with choice of rice or fries
- Indian Buttered Chicken with choice of rice or fries

## OMELETTES AVAILABLE EVERY DAY @ KELLS KITCHEN

Freshly cooked 3-egg omelette of your choice cooked to order with your choice of filling

€8.95

GOAT'S CHEESE GF\*:
 A great combination of crumbled goat's cheese, caramelised onion

and sun-blushed tomatoes with a garnish of fresh rocket

• SPANISH FIESTA GF\*: €8.95

All the flavours of Spain with chorizo, chicken, peppers and grated cheese, served with a spicy salsa

• FARMERS VE\* GF\*: €7.95

A colourful explosion of nature's finest; mushrooms, peppers, spring onions and cheese

• NEW MEXICO: €8.95

Combination of chicken, jalapeño peppers, pepperoni, spring onions, and cheese, topped with salsa

